

GIVE PEACE A CHANCE

AN INSTANT MEETING FOR GUIDES FROM THE BC PROGRAM COMMITTEE

A great badge to do at the beginning of the year is the Peace Badge in time for International Day of Peace on September 21. This meeting fully covers the Peace badge requirements.

Meeting Plan

- 5-10 min: Gathering: Peace Poems
 - 5 min: Guide Opening
 - 5 min: Peace Poem Presentations
 - 5 min: Peace Words Game
 - 30-45 min: Reverse Tie Dye T-Shirts
 - 10-15 min: Pinwheels for Peace or Origami Peace Crane
 - 10-15 min: World Leaders Promoting Peace Facts
 - 15-20 min: Peace at a Local Level Poster
 - as time allows: Peace Song Sing-a-long
 - 5 min: Guide Closing
- 120 minute meeting. Approximate activity times shown.*

Program Connections

You in Guiding: Be Involved in Your Community

1. Community Issue.

Beyond You: Learn About Our Environment 2. Learn about a leader promoting a healthy environment.

You and Others: Learn About Leadership in a Group

4. Learn about good leaders around us.

Related Interest Badge

Peace, Engineering, Physics, Writing, Recycling, Fashion, Creative Craft, Interpreting, Music Fan, Singing

Meeting Supplies

- | | |
|---|--|
| <input type="checkbox"/> paper | <input type="checkbox"/> vinegar |
| <input type="checkbox"/> pencils/pens/markers | <input type="checkbox"/> spray bottle |
| <input type="checkbox"/> list of peace words | <input type="checkbox"/> gloves |
| <input type="checkbox"/> ball | <input type="checkbox"/> sink or pail of water |
| <input type="checkbox"/> scissors | <input type="checkbox"/> newspaper |
| <input type="checkbox"/> straight pins with large heads | <input type="checkbox"/> peace song lyrics |
| <input type="checkbox"/> bead (optional) | <input type="checkbox"/> origami paper |
| <input type="checkbox"/> pencil/dowel | <input type="checkbox"/> fact quote cards |
| <input type="checkbox"/> markers or pencil crayons | <input type="checkbox"/> poster paper |
| <input type="checkbox"/> coloured t-shirts | <input type="checkbox"/> glue |
| <input type="checkbox"/> rubber placemats | <input type="checkbox"/> magazines |
| <input type="checkbox"/> bleach diluted 1:4 with water | |

Gathering: Peace Poems

Directions

1. Give each patrol 5 pieces of paper – one for each letter of the word PEACE.
2. Working as a group, the girls come up with an acrostic poem – this is a poem where the first letter of each line, when put together, spells a word. An example is as follows:

Peace is the goal,
Everyone working together,
Agreeing to set aside differences,
Caring for one another,
Everywhere on Earth.

3. Have the girls write each line on a piece of paper, large enough to fill the page.
4. After opening, have each patrol present their acrostic poem – each girl flipping over a sheet of paper with a line on it (in order) and reading out their group peace poem.

Supplies

- paper
- pencils/pens/markers

Peace Words Game

Learn different words for peace in other languages.

Directions

1. Go over all the different words for peace from some other countries. You may wish to write the words on a large sheet of paper and post it in the meeting space.

Peace Word	Country	Language
<i>Sula</i>	Iran	Persian
<i>Paz</i>	Spain	Spanish
<i>Shalom</i>	Israel	Hebrew
<i>Frieden</i>	Germany	German
<i>Paix</i>	France	French
<i>Mire</i>	Russia	Russian
<i>Hi Ping</i>	China	Chinese
<i>Shanti</i>	India	Hindi

2. Have the girls stand in a circle.
3. A girl starts out with a ball. As she passes the ball to another girl, she must call out the word for peace in another language.
4. Once a word has already been called out, it cannot be used again until all of the words in the list have been called out. The girl who repeats the same word that has already been called “out”.

Supplies

- list of peace words
- ball

Reverse Tie-Dye Peace T-Shirt

Discuss different peace symbols (e.g. peace sign, dove, calumet, rainbow, olive branch, etc.) and create reverse tie-dye peace t-shirts. These work best with deep intense colours.

As girls finish working on their shirts, have them start on the next activity.

Directions

1. Have the girls draw peace symbols on rubber placemats. You can also use the Girl Guide trefoil symbol.
2. Place the newspaper inside the shirt (to keep the bleach from running onto the back of the shirt).
3. Lay the shirt flat and the rubber symbol on top of the shirt.
4. Spray the shirt from a distance, concentrating on the edges of your designs. Do not saturate the shirt, or the bleach will seep under the design and it won't be a crisp image.
5. Wait a moment while the bleach starts to remove the colour from the shirt.
6. Flip and do the back of the side of the shirt.
7. Place the shirt into water and add a cup of vinegar. This will stop the bleach action.
8. Hang the t-shirt to dry.

Supplies

- old coloured t-shirts
- rubber placemats
- bleach diluted 1:4 with water
- vinegar
- spray bottle
- gloves
- sink or pail of water
- newspaper



Pinwheels for Peace

Adapted from the BC STEM – Engineering challenge.

1. If girls finish their shirts quickly, allow some time for the girls to decorate their pinwheels squares – they can write their thoughts about war and peace, tolerance and living in harmony with others on one side, or draw, paint, create a collage, etc. to visually express their feelings. If you are running short of time, start at step 2.
2. If using the square paper option, cut a diagonal line from each corner in toward the center of the paper. Do not cut all the way through; cut only about 2/3 of the way from the corner to the center.
3. On each corner, bend one point down into the centre of the paper. Poke the pin through the points and the center of the paper to hold your pinwheel together.
4. (Optional) Put the bead onto the pin before poking it into the eraser of the pencil. This helps the pinwheel to better rotate.
5. Poke the pin into the eraser at the top of the pencil. Blow on it.
6. On International Day of Peace, Sept. 21, "plant" your pinwheels outside (at schools, museum, public places, etc.) as a public statement and art exhibit/installation. The spinning of the pinwheels in the wind will spread thoughts and feelings about peace throughout the country and the world!

To learn more about Pinwheels for Peace, visit: <http://www.pinwheelsforpeace.com>

Supplies

- paper, cut into a square.
Optional: use a more complex pinwheel template. See http://www.electricpinwheels.com/Free_Pinwheel_Templates.html
- scissors
- straight pins with large heads
- bead (optional)
- pencil/dowel
- markers or pencil crayons

Origami Peace Crane

There are folding instructions on the internet on how to fold an origami peace crane.

<https://www.google.ca/#q=origami+crane+instructions>

Supplies

- 6" square origami paper

Directions

1. Place the 6" square origami paper flat on the table with the printed/coloured side up.
2. Take the top corner of the square and fold it down to the bottom corner of the paper. Make a crease and open up the square.
3. Fold the paper in half sideways.
4. Turn the paper over to the plain side. Fold the paper in half, make a crease and open up the square. Fold again in the opposite direction.
5. Bring the top three corners of the square down to the bottom corner. Use the creases as a guide. Flatten the paper.
6. Fold the top triangle flaps in toward the center. Crease and unfold.
7. Fold the top of the model downwards. Make a crease and unfold.
8. Open the uppermost flap of the model. Bring it upwards. Press the sides of the model inwards. Flatten the model. Make a crease.

9. Turn the model over and repeat steps #6 to #8 again on the second side.
10. Take the top flaps and fold them in toward the center.
11. Repeat this on the other side so both sides are symmetrical.
12. Fold both legs of the crane model upward. Make a crease and then unfold.
13. Make an Inside Reverse Fold on the legs of the crane along the creases.
14. Make an Inside Reverse Fold to make the head of the crane.
15. Fold down the wings.

Fun Things to Do with Peace Cranes

- Add a string and make it into an ornament.
- Add a pin back and wear it as a "pin for peace".
- Hang them from your school backpack.
- Decorate your book covers.
- Make several cranes and string them to make a "peace mobile".
- Make many cranes and give them to friends as "Peace Gifts".
- Organize a "thousand cranes project" in your school.
- Give it to someone in the hospital.
- Donate it to the 1,000 crane project.
- Decorate a community Christmas tree

World Leaders Promoting Peace Facts

Directions:

1. Before the meeting, print the facts on the next five pages onto cardstock, then cut them apart. Each leader has a set of four cards - use the necessary number of sets for your group size.
2. Shuffle the cards, then distribute them to the girls.
3. The girls are challenged to assemble the facts into meaningful sentences, forming groups of four. (Guiders are encouraged to participate to make up any shortage of girls in groups.) Note that if you print the cards in colour, each group will have one card each with red, blue, green and black text. If girls are stuck, you can point out that there are four different colours of cards for each group.
4. When girls find their groups, they sit in a central location to wait until all groups are formed.
5. One group at a time, the girls then read their cards out in order, sharing facts about their world leader.

Supplies

- fact quote cards

<p>Many people have heard of Mother Teresa. She was a Catholic</p>	<p>nun who dedicated her life to helping poor people. She taught poor</p>
<p>children to read and write using sticks in the dirt. She was dedicated to</p>	<p>helping all people who felt unwanted, unloved, or uncared for in society.</p>
<p>Nelson Mandela fought against Apartheid in South Africa. Apartheid is when</p>	<p>white and non-white people are separated and non-whites do not have equal</p>
<p>rights. He spent 27 years in prison because he refused to change his ideas. He wanted</p>	<p>equal rights for all races in South Africa. After his release from prison, he became president.</p>

<p>Amy Biehl was dedicated to ending Apartheid in South Africa by fighting against white</p>	<p>racism to help black victims. She was murdered in an act of racial violence. She was only 26</p>
<p>years old and white, and was attacked by a mob of black youths. It was ironic that she was killed</p>	<p>by the people she was trying to help. The Amy Biehl Foundation continues her work.</p>
<p>The spiritual leader of Tibet is called the Dalai Lama. People around the world follow</p>	<p>his teachings of non-violence and kindness. He said “Because we all share this</p>
<p>planet Earth, we have to learn to live in harmony with each other and with</p>	<p>nature. This is not just a dream, but a necessity.”</p>

<p>Mohandas “Mahatma” Gandhi is one of the most famous non-violent leaders who fought</p>	<p>for the independence of India from the British Empire. Gandhi said “You</p>
<p>must be the change you wish to see in the world.” and “If we are to reach real</p>	<p>peace in the world, we shall have to begin with children.”</p>
<p>Martin Luther King, Jr. led non-violent protests to fight for the rights of all people, and</p>	<p>hoped that the world would become “colourblind”. In his famous speech, he said “I</p>
<p>have a dream that my four children will one day live in a nation where they will not be</p>	<p>judged by the colour of their skin, but by the content of their character.”</p>

<p>Rosa Parks was called “the first lady of civil rights” and “the mother of the freedom</p>	<p>movement.” She resisted bus segregation by refusing to give up her seat to a white</p>
<p>person after the bus driver told Rosa and other African-Americans to stand</p>	<p>up. She is known for standing up against racism and fighting for freedom.</p>
<p>“Peace Pilgrim” (born as Mildred Lisette Norman) walked for 28 years promoting</p>	<p>peace. She walked over 40,000 km. She took a vow to “remain a wanderer until</p>
<p>mankind has learned the way of peace, walking until given shelter and fasting until given</p>	<p>food.... In order for the world to become peaceful, people must become more peaceful.”</p>

<p>Golda Meir was Israel's first and the world's third female prime minister. She was also one</p>	<p>of the founders of Israel, and signed their Declaration of Independence. She once dressed as</p>
<p>a Muslim woman to get into a secret meeting with King Abdullah where she tried</p>	<p>to convince him to stay out of war. She was affectionately known as "Our Golda."</p>
<p>Aung San Suu Kyi led a revolt against the army-run government of Burma with a</p>	<p>series of peaceful protests. Suu Kyi and her party won the 1990 election, but the military</p>
<p>government put her under house arrest, which meant she could not leave her home, for 20</p>	<p>years. She said "The only real prison is fear, and the only real freedom is freedom from fear."</p>

Peace at a Local Level Poster

Directions

1. Have a brainstorming session on how the girls can promote peace in their homes, schools and community.
2. Record all the ideas on large paper for the girls to see.
3. Discuss the ideas that the girls come up with. Remind them that peace starts locally with the acceptance of differences and tolerance of diversity as the first steps. Discuss that sharing, listening, cooperating with each other are skills that are crucial to a peaceful society.
4. Have the girls work together on a large poster to donate to the local school, church, public library or community center. The girls could cut words that are associated with peace or pictures that they feel represent peace to paste onto their poster.
5. Have the girls present their poster with the rest of the group.

Supplies

- poster paper
- markers
- scissors
- glue
- magazines

Peace Song Sing-a-long

Distribute the lyrics of some peace songs.

Some **Girl Guide peace songs** include:

- “Let There be Peace On Earth” (source: *Songs For Tomorrow*, Girl Guides Association, 1984)
- “Sing for Joy” (source: *Our Chalet Songbook*, Our Chalet Committee, 1981; also found in *Songs For Tomorrow*, Girl Guides Association, 1984)
- “Peace I Ask of Thee O River” (source: *Our Chalet Songbook*, Our Chalet Committee, 1981; also found in *Songs for Canadian Girl Guides*, Girl Guides of Canada, 1981)

Other Peace Songs include:

- “Give Peace a Chance” by John Lennon
- “Peace Train” by Cat Stevens
- “Crystal Blue Persuasion” by Tommy James and the Shondells
- “Where Have All the Flowers Gone” by Pete Seeger
- “Pray Peace” by Alchemy VII
- “Someday” by Alan Menken and Stephen Schwartz
- “Last Night I Had the Strangest Dream” by Ed McCurdy
- “Come the Day” by Bruce Woodley
- “Earth” by David Roth
- “We’ve Been Asking Questions” by John Phillips of the Mamas and the Papas

Supplies

- peace song lyrics

Related Activities

Other activities that relate to the Peace badge are as follows:

- attending a Remembrance Day ceremony
- invite a veteran to come talk to at your meeting
- invite a peace officer to come talk at your meeting
- hold an Olympics Peace Games meeting