



Post-Enrichment Opportunities

Guiding in each province of Canada offers optional trainings that are named after the respective provincial flowers. In BC they are called

Dogwood
and
Beyond Dogwood

and are offered in a two-day residential format. Although not directly related to the girls' programs they provide Guiders with opportunities for personal enrichment, individual growth experience and interaction with other Guiders who share a lasting commitment to the Guiding philosophy.

Each of these trainings are best suited to experienced Guiders who have completed the Foundation modules in their chosen stream (Unit Guider, Administrator, District Commissioner, etc.) and have had an opportunity to work within Girl Guides of Canada for an extended period of time. Within the scope of the new National TEAM training program, **Dogwood** training may cover one or more Enrichment modules; **Beyond Dogwood** would not.

Both these trainings could be considered "post-enrichment."



Enrichment, Personal Growth and Mentoring Training

Have you already completed the TEAM Foundation modules in your chosen stream?

Looking for more than just the basics?

Spread your wings, stretch your boundaries and find enrichment!



Enrichment Modules

Enrichment Modules are trainings that participants in all streams can take for their personal development, beyond what is outlined in the stream prerequisite and Foundation modules. These training opportunities will improve skills and enhance self-awareness. All Guiders are advised to take enrichment trainings to encourage personal growth.

A **Yellow Enrichment Pin** is awarded on completion of any five Enrichment modules.

There are currently 18 TEAM Enrichment Modules available with more being developed on an ongoing basis. Topics available now include:

- Bias Awareness/Equity
- Building Strong Teams
- Communicating with Girls
- Conflict Management
- Cookie Program
- Dramatic Arts
- Effective Communication
- Event Planning
- Exploring the Branches
- Financial Management
- Girls United: Helping Girls Connect in Healthy Ways (Anti-Bullying)
- Guiding and the Promise & Law
- International Guiding
- Leading Active Games
- Mentor Training
- Time Management
- Volunteer Management
- Understanding the Adult Learner



Enrichment Modules

Module Descriptions

Bias / Awareness Equity

Your responsibility as a guider is to make sure that every girl who comes into your unit feels welcomed, safe, and valued for who she is and what she can contribute to your group. This module will help you to become more aware of what is involved in providing a welcoming space for all girls, what is required of you, and how you can make a huge difference not only to individual girls, but to your unit, to Girl Guides of Canada, as a whole and to your community.

Building Strong Teams

This module will help you to understand what a team is and how it works. Building Strong Teams will teach you skills you can use to improve the teams you lead or are a member of. We will look at how a team leader leads focusing on developing preparation and facilitation skills that can help to make you a stronger leader.

Communicating with Girls

In this session we will introduce you to effective communication skills and techniques that can help your unit. The reaction you get from your girls will vary depending on how you relay the information to them. We will show you some different ways to practice age appropriate and effective communication with your girls.





Enrichment Modules

Conflict Management

Our goal with this module is to help you to develop a personal understanding of conflict: the causes, symptoms and solutions. We also hope to give you the skills you will need to effectively manage conflict whenever and wherever it arises.

Dramatic Arts

Drama is recognized as a valuable outlet for creativity in youth but its impact on learning has yet to be appreciated. Join us as we discover different age-appropriate styles and techniques that can be used to bring the Dramatic Arts into your meetings.

Effective Communication

Pick up tips and tricks that will help you to build your communication skills which will enable you to use those skills to work more efficiently with other people both inside and outside the organization.

Exploring the Branches

We're going to cover a lot of ground with this session -- everything from the characteristics of girls and women today to the common themes and traditions found in every branch of Guiding. We will explore the concept behind our girl-centered programming and the girl/Guider partnership.

Event Planning

In this module, you will learn about the steps you need to take to successfully plan an event. This module is designed to help guide you through the process and to help you discover your planning skills.



Enrichment Modules

Financial Management

In this session you will learn about the process you need to follow to successfully maintain the financial records for your unit. This module is designed to help guide you through the process and to help you to refine your financial management techniques.

Fueling the Fire ~ Cookies

Cookie funds are the fuel that makes Guiding go! Without cookie funds girls and Guiders like you would not be able to enjoy a variety of activities and programs that develop and promote learning, leadership, fun, friendships and adventures. Find out how you can make cookies a rewarding part of your program.

Girls United ~ Helping Girls Connect in Healthy Ways (Anti Bullying)

This session is about developing healthy relationships among girls. The module is intended to provide you with an introduction to the dynamics of girls' relationships along with age-appropriate strategies for promoting healthy relationships.

Guiding and the Promise & Law

This session will help you to better understand the Promise and Law on a personal level. It is designed to assist you in developing ways to build the Promise and Law into all of your unit activities.

International Guiding

The International Guiding Module is designed to give you an understanding of Guiding around the world and the role WAGGGS plays. It will provided you with ideas for bringing international activities into your unit meetings.



Enrichment Modules

Leading Active Games

This module will provide you with an understanding of why we play active games and how to lead them. It will also unravel the mysteries of how you can include everyone in the game regardless of their abilities.

Mentor Training

Are you a seasoned leader who would like to help coach a new member to understand her role in Guiding? This is the goal of Mentor Training. The program trains experienced members to be mentors to for new Guiders, enabling them to better help these new members to become accustomed to their role in the organization.

Time Management

The Time Management module is designed to give you the skills you need to effectively manage the time you give to Guiding. Our goal is to help you to make your work within guiding more enjoyable.

Understanding the Adult Learner

Are you interested in joining the training team? This module is the first step towards becoming a TEAM trainer. By the end of this session, you will be familiar with the basic principles of adult learning, how we learn and what helps us to learn.

Volunteer Management

Understand why people volunteer, what people want from volunteering and how you, as a leader, can help our volunteers to achieve these things in order to become more productive members. You will come to appreciate the principles behind targeted recruitment in order for you to be able to develop a workable plan that will enable you to fill a real, specific role on one of your teams.



Mentors

The **Mentoring Program** is a proactive plan for districts and units to better retain new Guiders, ensure greater success for new Guiders in their first year and ensure a quality unit experience for girls.

Guiders who are encouraged, supported and recognized will be more likely to continue their Girl Guiding experience and will be more likely to find greater satisfaction with the organization.

We are an organization that values the gifts of all of our Members. The intention of the **Mentoring Program** is that experienced Guiders will be mentors to new and returning Guiders.

Mentors will work hand-in-hand with District Commissioners and are supported by the Area Membership Advisers and Area Training Advisers.

If you are interested in being a resource person for a new Unit Guider, Administrator or Commissioner then our **Mentoring Program** is for you!

