



Introducing the:
BC "Arts To Go" Challenge



In a hurry? Want a taste of the Arts in your Unit meeting? Your District "Arts To Go" toolbox is packed with quick and simple choices to satisfy your appetite for music, dancing, crafts and drama.

The "Arts To Go" toolbox comes with an audio CD, hands-on materials and a binder of activities for all Branch Programs. Think of it as your picnic basket to open and enjoy! To help you with your feast for the soul, here is a new Challenge from the BC Training Committee.

You CAN have your Arts To Go!

How to earn Arts To Go Challenge crests for you and your girls (crests are free for BC members!)

1. **Select** one item from each of the 4 soul food groups on the menu (Music, Dance, Crafts, Drama.) (It's all good for you!) There are no unwanted calories and, after sampling these tastes we are sure you'll want more!

Prefer something else? Feel free to choose something to your taste from the Arts To Go toolbox. Enter your choice as an "A La Carte" item from the appropriate soul food group.

2. **Fill out** your menu with the activities you have selected (on the next page.)

3. **Place** your order by sending it to BC Guide House.
(BC members send no money - it's on the House!)

Arts To Go Challenge 1476 West 8 th Avenue Vancouver, BC V6H 1E1
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Tips: Good service deserves a good tip!

Tip #1 - Network: Use your resources wisely - involve Senior Branches, Arts Trainers, other Guiders and community resource people to help with these activities as desired.

Tip #2 - Use the Arts to accomplish Program activities. The Arts To Go binder contains references to 2003 Program goals for the suggested activities. These activities can easily be applied to the current Programs as well.

Tip #3 - There is an audio CD in your Arts To Go toolbox - play it! Play it as the girls arrive for a meeting, play it while you craft, play it for fun - you'll be singing along with Guiding's Greatest Hits!

For more information contact the BC Training Committee



BC Girl Guides - Arts To Go Challenge

MENU - fill this out and submit for crests (to the address below)

NUMBER OF CRESTS: _____

APPETIZER - MUSIC - Sing before your snack or meal. (Check one):

- MABEL LAKE MORNING** - Arts to Go CD track 24
- GIVE THANKS** - Arts To Go CD track 25
- SIMPLE BLESSINGS** - Arts To Go CD track 26 and Celebrate With Song page 130
- A La Carte:** _____ (write your selection here)



MAIN COURSE - DRAMA (Check one):



- WHO OR WHAT AM I?** - Arts To Go binder - Drama games for younger girls - game #3
- Arts To Go "Who" cards
- WHO, WHAT, WHERE?** - Arts to Go binder - Drama games for older girls - game #5
- Arts To Go "Who" "What" "Where" and/or "Professions" cards
- SHADOW PLAY** - Arts To Go binder - Drama - article "Drama in Guiding for All Ages"
- A La Carte:** _____ (write your selection here)

DESSERT - DANCE - Learn (or modify) a dance, or create one using the Arts To Go CD. (Check one):

- TZENA** - Arts To Go CD track 3
- I'SE THE BY THAT BUILDS THE BOAT** - Arts To Go CD track 4
- IF YOU SHOULD MEET AN ELEPHANT** - Arts To Go CD track 14
(Dance steps in the songbook Sing a Song With Sparks and Brownies)
- A La Carte:** _____ (write your selection here)



} Dance steps in the Arts To Go binder

SIDE DISHES - CRAFTS - Find the crafts section in the Arts To Go binder and make: (Check one):

- a puppet
- a craft that teaches you about another country (eg: rainsticks, drums, masks)
- a craft for an occasion (Enrolment, World Thinking Day, Mother's Day)
- A La Carte:** _____ (write your selection here)



Send in this completed menu to receive your crests (free to BC members):

Crests will be sent to: (your address here)
*** Allow 6 - 8 weeks for delivery**

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Unit: