



## ARTS TO GO – CONNECTIONS TO THE GUIDE PROGRAM

### PROGRAM AREA:

### YOU IN GUIDING

#### **Understand the Promise and Law and Motto**

- #1 Learn the Guiding Law Song from *Celebrate with Song* and the *Arts to Go* CD to help you remember the Guiding laws.
  - Act out an everyday situation where it might be difficult to use the Guide Promise and Law.
  - Create a craft to help you understand and remember the Promise and Law. This could be a collage, model, or poster showing what the Promise and Law mean to you. Use it in a ceremony.
- #3 Perform skits that demonstrate what happens if you're not prepared and then what happens if you are prepared.
- #4 Learn the Guide Sign and Handshake by dancing to music and when the music stops find a partner to make the Guide Sign and Handshake with.
- #6 Use your *Arts To Go* toolbox to help plan your Ceremonies.

#### **Learn About Guiding**

- #1 Create some important aspect of Guiding History through skits, mime, puppet show, poster, or poem.

#### **Learn about WAGGGS**

- #1 Learn a song from another WAGGGS country.
  - Learn a Dance from another WAGGGS country: Mexico – La Raspa, Phillipines – Tinikling, Denmark – Seven Jumps
  - Learn about special crafts from other WAGGGS countries.
- #2 Learn a song about one of the four World Centres: *Our Chalet* in the song book *Songs for Canadian Girl Guides*, *Pax Lodge Song* in *Our Chalet Song Book 2*, *Our Cabana* in *Jubilee Song Book*, *Sangam Song* in *Our Chalet* or the *World Song* in *Our Chalet Song Book 2*.

#### **Be Involved in Your Community**

- #1 Create a graffiti wall on mural paper that shows your involvement in the community issues.
- #3 Learn songs to share with your community when taking part in community service projects such as visiting with seniors or putting on a day of fun with all branches and the community being able to take part.
  - Make crafts for service projects such as Meals on Wheels or Seniors Day Visit.

## **YOU AND OTHERS**

### **Learn About Leadership in a Group**

- #1 Learn new songs from the *Arts To Go* CD and then do them with other Guides or with younger girls.
- #3 Teach Sparks or Brownies a new Dance or some new songs.
- #4 Create a collage to showcase people you consider to be good leaders.

### **Building Skills In Communication**

- #1 Act out a humorous skit about a miscommunication.
- #5 Explore dance, music, drama or mime as a way to communicate.
  - o Use music to explore emotions and communication of ideas ex: “If your Happy and you Know It” or “Suitors”

### **Learn How to Play**

- #1 Plan songs that could be sung at a party for younger children or just play the *Arts To Go* CD.
  - o Make decorations or party favours for your social event.

### **Learn About Safety**

- #1 Perform skits showing what kind of First Aid would be appropriate for different situation.
- #2 Create an activity book about safety to help educate younger children.
- #3 Create safety campaign posters that could be used in your community.

## **DISCOVERING YOU**

### **Discover What’s Important to You**

- #3 Use any of the Guiding song books for inspirational songs to help carry out Reflections. Have themes such as the outdoors, nature, world friendship or enrolment.

### **Discover Your Creativity**

- #2 Use fabric, thread or yarn to create something, example – sock puppets, knitting or embroidery.
- #3 Act out a dramatic presentation. Use costumes and props that you have designed and then present to parents, Brownies, Sparks or seniors groups.
- #4 Explore the visual arts by learning to mix different colors of paint and create a piece of art. Set up an art Gallery for your parents.
- #5 Explore the performing arts with music, drama, and dance. Invite local artists into your meeting or go out into the community to explore the ARTS.

### **Stay Fit and Healthy**

- #4 Try a group dance that promotes fun and fitness, for example:

Sing and Shout	Norwegian Number Game
I’se the By	Three Blind Mice
The Big Ship	Maple Leaf Stomp

## **Understand How to Be Responsible**

- #4 Create a poster or make a skit about peer pressure, conflict resolution, decision making, or problem solving and how to make responsible choices.

## **BEYOND YOU**

### **Discover Your Community**

- #1 Learn about heritage through the Arts, and folk dances from different cultural groups in Canada:

Israel:	Ak Shav	Tzena
South America:	Caimarussa	I Let Her Go Go
United States:	Alley Cat	Din Dong Daddy
Canada:	Maple Leaf Stomp	La Bastringue

- #3 Learn a song or singing game or a piece of music that comes from one of the many cultural groups which make up Canada's heritage.

### **Explore the Outdoors and Nature**

- #1 Sing a Guide marching song or another fun song while on a hike.
- #6 Help plan and participate in a campfire. See the *Arts to Go* toolbox for a campfire planning sheet and suggested campfire themes.

### **Learn About Our Environment**

- #1 Create a collage or craft showing five wild plants or flowers that grow near your community.
- #2 Make a craft with something that would otherwise be thrown away.
- #3 Celebrate World Water Day by adding great songs about water. (Rain Song, Land of the Silver Birch – *Jubilee* song book)

## **INTEREST BADGES**

You can use the *Arts To Go* toolbox to aid you with several Interest Badges.